

ZAH*
RADA
PRO DUŠI



Connecting so we can help

We are building a network of comprehensive
mental health care services in Prague.
Every year we support more than a thousand clients.
One city. One health. One support system.



institut
ZAHRADY
PRO DUŠI

CENTRUM
DUŠEVNÍHO ZDRAVÍ
PRO DĚTI A ADOLESCENTY

AKUTNÍ
PSYCHIATRICKÁ AMBULANCE
PRO DĚTI A DOROST

CENTRUM
PERINATÁLNÍ
DUŠEVNÍ PÉČE

DŮM
PŘEMYSLA
PITTRA

DŮM TŘÍ
PŘÁNÍ

Centrum duševního zdraví pro děti a adolescenty Multidisciplinary healthcare and social support for children, adolescents, and their families. ■ **Akutní psychiatrická ambulance pro děti a dorost** Short-term psychiatric care for children and adolescents without a regular psychiatrist. ■ **Centrum perinatální duševní péče** Comprehensive support for parents during pregnancy and after childbirth. ■ **Dům Přemysla Pittra** Crisis center providing immediate assistance for children and adolescents in crisis. ■ **Dům tří přání** Comprehensive support for children and their families facing difficult life situations.

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We look to improve the mental health care system more effective: mapping the current situation, running courses and workshops, developing educational materials, and coordinating collaboration among care providers. Our goal is to remove the stigma around mental health and get support to where it's truly needed.

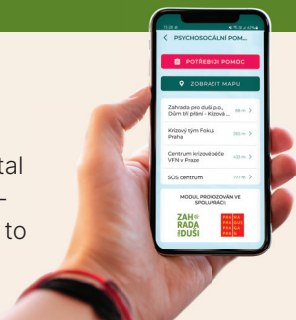
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Záchranka App



The psychosocial support module helps you find support in crisis situations. Mental health problems can be just as life-threatening as physical ones — don't hesitate to reach out for help.



Zahrada pro duši

We are a public organization funded by the City of Prague. Our services are provided free of charge: services provided by the Dům Přemysla Pittra are co-financed by legal guardians.



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